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|----------|---------------|---------------|--------------------------------|---------|---------|------|-------------|---------|
| 8 | 10:49 | PD K-1 | 1st to Final, 2/7 to SF | | | | | |
| | 500m | | 1 | Leonid | Koltsov | 2008 | Põhjakotkas | 2:25.80 |
| | Heat 2 | | 2 | Grigori | Morozov | 2008 | Põhjakotkas | 2:35.86 |
| | | | 3 | Ivan | Loginov | 2008 | Narva | 2:42.03 |
| | | | 4 | Martin | Luik | 2009 | Viljandi | 2:46.25 |
| | | | 5 | Alex | Jurjev | 2009 | Narva | 2:48.43 |
| | | | 6 | Akim | Šilin | 2009 | Põhjakotkas | 3:13.34 |
| | | | 7 | Artjom | Rõzõhh | 2009 | Põhjakotkas | 3:30.34 |