

<b>45</b>	<b>11:24</b>	<b>TD K-1</b>	<b>1/3 to Final A, 4/7 to SF + next BT</b>					
		<b>500m</b>	1	Linda	Raska	2008	Põhjakotkas	2:33.17
		<b>Heat 1</b>	2	Sofia	Mikson	2009	Põhjakotkas	2:44.66
			3	Sigrid	Rõženkova	2008	Pirita	2:50.05
			4	Birgit	Pärna	2008	Pärnu	2:56.54
			5	Astrid	Rõženkova	2009	Pirita	3:03.26
			6	Mia	Elmet	2009	SAK Tartu	3:31.33