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|-----------|---------------|---------------|--|-----------|----------|------|-------------|---------|
| 38 | 10:03 | PB K-1 | 1/3 to Final A, 4/7 to SF + next BT | | | | | |
| | 500m | | 1 | Joonas | Vähesoo | 2007 | Pirita | 2:11.30 |
| | Heat 1 | | 2 | Markus | Tugevus | 2006 | Pärnu | 2:13.93 |
| | | | 3 | Nikolai | Ogoltsov | 2006 | Põhjakotkas | 2:19.42 |
| | | | 4 | Daniel | Kärsten | 2006 | Põhjakotkas | 2:24.36 |
| | | | 5 | Mihhail | Pavlov | 2007 | Pirita | 2:41.47 |
| | | | | Ruslan | Lisienko | 2007 | Narva | DNF |
| | | | | Sebastian | Zaitsev | 2006 | Pirita | DNS |