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|-----------|--------------|---------------|--------------------------------------|--------|-------------|------|-------------|---------|
| 10 | 10:50 | PC K-1 | 1/6 to SF + 3next BT Rest out | | | | | |
| | | 1000m | 1 | Mihkel | Jürgens | 2008 | Pärnu | 4:40.08 |
| | | Heat 3 | 2 | Alex | Jurjev | 2009 | Narva | 4:45.23 |
| | | | 3 | Viktor | Jegorov | 2009 | Põhjakotkas | 4:52.92 |
| | | | 4 | Em#ls | B#rzi#š | 2009 | Limbaži | 4:56.87 |
| | | | 5 | Oliver | Truus | 2009 | Emajõe | 5:00.55 |
| | | | 6 | Marks | Timermanis | 2009 | Limbaži | 5:03.79 |
| | | | 7 | Reinis | Hildebranks | 2009 | Limbaži | 5:05.76 |
| | | | 8 | Marcus | Muzõka | 2009 | Pirita | 6:13.78 |